

Time Schedule Världssingdomsspelen 2026

Thursday 25 June 2026

16 June

Time	Running events	Teknik Para
16:00		Shot put
16:30	Para 100m (3)	
17:00	W 800m (3)	Long jump
17:20	M 800m (4)	
17:45	B19 800m (3)	
18:00	Para 400m (2)	
18:15	B17 3000m (1)	
18:30	W 3000m (2)	
19:00	M 5000m (2)	

Time schedule Friday 26 June 2026

Time	Running events	PoleVault	High J	Long Jump 1	Long J 2-3	Javelin	Shot P	Time
09:15	B13 hurdles 60m q (5)				B15 LJ qual (64/2)	G17 (39)		09:15
09:40	B12 hurdles 60m q (4)	B19 (15)		B16 LJ (30)				09:40
10:05	G12 hurdles 60m q (6)		B13 (42)					10:05
10:30	G13 hurdles 60m q (8)							10:30
11:10	G14 hurdles 80m q (6)				B14 LJ qual (84/2)		B12 (38)	11:10
11:30	G15 hurdles 80m q (6)					B17 (23)		11:30
12:20	G14 hurdles 80m Fi			B15 LJ final (16)				12:20
12:25	G15 hurdles 80m Fi							12:25
12:35	G12 hurdles 60m Fi	G19 (8)						12:35
12:40	G13 hurdles 60m Fi							12:40
12:45	B12 hurdles 60m Fi						G15 (52)	12:45
12:50	B13 hurdles 60m Fi				G14 LJ qual(110/2)			12:50
13:05	G12 600m (4)					W/G19 (20)		13:05
13:25	G13 600m (5)		W/G19 (26)					13:25
13:50	B12 600m (4)			B17 LJ (32)				13:50
14:10	B13 600m (5)							14:10
14:40	B17 800m (5)	W X (15)			G15 LJ qual (86/2)			14:40
15:05	G14 800m (4)					B13 (40)	B15 (28)	15:05
15:25	G17 800m (4)							15:25
15:45	G19 800m (2)							15:45
16:00	G15 800m (3)		G13 (56)	B14 LJ final (16)				16:00
16:20	M hurdles 400m (3)						G12 (42)	16:20
16:35	B17 hurdles 400m (3)				G16 LJ qual (54/2)			16:35
16:50	K hurdles 400m (4)					M/B19 (20)		16:50
17:10	G17 hurdles 400m (3)	M X (20)		G14 LJ final (16)				17:10
17:30	G15 hurdles 300m (4)							17:30
17:50	B15 hurdles 300m (4)							17:50
18:20	G15 steeple 1500m (1)							18:20
18:30	B15 steeple 1500m (2)			G15 LJ final (16)		G13 (40)	G14 (60)	18:30
18:55	G17 steeple 2000m (1)							18:55
19:10	B17 steeple 2000m (1)							19:10
19:25	B19 steeple 2000m (1)							19:25
19:40	M steeple 3000m (1)							19:40
19:55	W steeple 3000m (1)							19:55

The number after the event marks expected number of heats in running events and number of participants in jumps and throws.

Time schedule Världsongdomsspelen Saturday 27 June 2026

Time	Running events	PoleVault	High J	Long Jump 1	Long Jump 2-3	Javelin	Shot P	Hammer	Time
09:00	G15 80m q (12)		A B15 (28)	G17 LJ (38)			B14 (45)		09:00
09:05	*G12 60m q (12)		B B12 (48)		B13 TJ(44/2)			*B17 (16)	09:05
09:45	F16 100m q (8)	A B14 (12)							09:45
09:50	*G13 60m q (15)	B B13 (20)				G15 (40)			09:50
10:15	B16 100m q (5)								10:15
10:35	B17 100m q (7)								10:35
10:45	*B13 60m q (11)						B19 (10)	*B15 (20)	10:45
11:00	G19 100m q (5)			G16 LJ final (16)					11:00
11:20	B19 100m q (6)		A B16 (16)		G13 TJ (70/2)				11:20
11:25	*B12 60m q (8)								11:25
11:40	W 100m q (4)								11:40
11:55	*G14 80m q (15)					G12 (35)			11:55
11:55	G17 100m q (6)								11:55
12:25	G19 100m Fi A+B			B19 LJ (26)			W/G19 (25)	*M/B19 (12)	12:25
12:35	M 100m q (6)								12:35
12:45	*B14 80m q (10)								12:45
13:00	G15 80m Fi A+B	B G13 (16)							13:00
13:10	F16 100m Fi A+B	A G14 (12)							13:10
13:15	*B15 80m q (7)		A M (12)						13:15
13:20	B16 100m Fi A+B					B12 (30)			13:20
13:30	G17 100m Fi A+B		B G12 (44)		G15 TJ (70/2) Q				13:30
13:40	B17 100m Fi A+B								13:40
13:45	*G12 60m Fi A+B								13:45
13:50	B19 100m Fi A+B						G17 (20)		13:50
13:55	*B12 60m Fi A+B								13:55
14:00	W 100m Fi A+B								14:00
14:05	*G13 60m Fi A+B								14:05
14:10	M 100m Fi A+B			G19 LJ (32)					14:10
14:15	*B13 60m Fi A+B							G15 (32)	14:15
14:20	B14 80m Fi A+B								14:20
14:30	B15 80m Fi A+B								14:30
14:40	G14 80m Fi A+B					B14 (45)			14:40
15:00	G13 1500m (2)				B15 TJ(42/2)		B17 (20)		15:00
15:15	B13 1500m (2)	B G17 (30)	A G16 (20)						15:15
15:30	G17 1500m (2)	A B17 (22)							15:30
15:45	G19 1500m (1)								15:45
15:55	W 1500m (2)								15:55
16:10	B17 1500m (3)		B B19 (18)	M LJ (25)					16:10
16:35	B19 1500m (2)					G14 (43)	B16 (18)	W/G19 (22)	16:35
16:50	M 1500m (2)				G13 LJ pool A+B				16:50
17:10	B14 800m (5)								17:10
17:35	B15 800m (4)								17:35
17:55	G17 400m (5)			W LJ (20)					17:55
18:15	G19 400m (4)				G13 LJ pool C+D	B15 (30)			18:15
18:30	W 400m (3)							G17 (32)	18:30
18:45	B17 400m (7)								18:45
19:10	B19 400m (4)								19:10
19:25	M 400m (4)								19:25

* sprints run on lane B

Hammer T groups with an * ahead will throw at Björlanda Arena Hisingen, The other at Slottsskogsvallens throwing arena.

Time schedule Världsungdomsspelen Sunday 28 June 2026

Time	Running events	PoleVault	High J	Triple Jump	Long Jump 2-3	Discus	Field	Shot P	Time
08:30	B14 hurdles 80m q (5)								08:30
08:50	B15 hurdles 80m q (4)					B17 (30)			08:50
09:15	G16 hurdles 100m q (4)		G14 (45/2)	B16 TJ (18)	G12 LJ (95/2)		B14 HT (20)		09:15
09:30	G17 hurdles 100m q (3)	A B15 (14)						B13 (42)	09:30
09:42	G19 hurdles 100m q (3)	B G15 (18)							09:42
09:55	W hurdles 100m q (2)								09:55
10:10	B16 hurdles 110m q (3)								10:10
10:22	B17 hurdles 110m q (3)								10:22
10:35	B19 hurdles 110m q (3)								10:35
10:50	M hurdles 110m q (2)			G16 TJ(24)					10:50
11:00						G17 (36)			11:00
11:10	B14 300m (8)				B12 LJ (60/2)		G14 HT(32)		11:10
11:35	B15 300m (8)							G13 A (35)	11:35
12:00	G15 300m (7)		B14 (54/2)						12:00
12:25	G14 300m (10)								12:25
12:30				B17 TJ(14)					12:30
13:05	B14 hurdles 80m Fi				B13 LJ(82/2)	W/G19 (34)			13:05
13:10	B15 hurdles 80m Fi	M PV(16)							13:10
13:20	G16 hurdles 100m Fi							G13 B (35)	13:20
13:25	G17 hurdles 100m Fi								13:25
13:30	G19 hurdles 100m Fi						B14 DT (32)		13:30
13:35	W hurdles 100m Fi								13:35
13:45	B16 hurdles 110m Fi			G17 TJ(20)					13:45
13:50	B17 hurdles 110m Fi								13:50
13:55	B19 hurdles 110m Fi								13:55
14:00	M hurdles 110m Fi		G15 (48/2)						14:00
14:15	B17 200m (8)								14:15
14:40	G16 200m (7)				G19 TJ(12)				14:40
15:05	B16 200m (6)			W TJ(18)		M/B19 (24)		M (15)	15:05
15:25	G17 200m (5)						G14 DT (35)		15:25
15:45	G19 200m (6)								15:45
16:05	B19 200m (6)								16:05
16:25	W 200m (5)	W PV (16)							16:25
16:45	M 200m (7)		G17 (20)	M TJ(14)	G15 TJ final(16)				16:45
17:10	G12 200m (10)		B17 (18)			B15 (30)	G15 DT (35)	G16 (28)	17:10
17:40	B12 200m (7)								17:40
18:00	G13 200m (14)								18:00
18:10				B19 TJ(16)					18:10
18:45	B13 200m (10)								18:45
19:15	G15 2000m (2)								19:15
19:35	B15 2000m (2)								19:35

PV = pole vault, TJ = triple jump, LJ = long jump, DT = discus throw, HT = hammer throw